

Pair Up & Build

You have strengths you can build on.

Everybody stand up

**Line up from tallest to
shortest**

(No talking)

Face the person across from you

That person is your partner

Sit with your partner

Find a spot in the room with a little space to sit
down together

Choose one strength you already have

Creative

Persistent

Kind

Curious

Brave

Helpful

Responsible

Funny

Resourceful

Hardworking

Good Listener

Problem Solver

Choose one strength you want to build

Creative

Persistent

Kind

Curious

Brave

Helpful

Responsible

Funny

Resourceful

Hardworking

Good Listener

Problem Solver

Share with your partner

**How has your strength been
useful to you?**

Share with your partner

**How could getting stronger at
your new strength help you?**

**You have strengths
you can build on.**

