



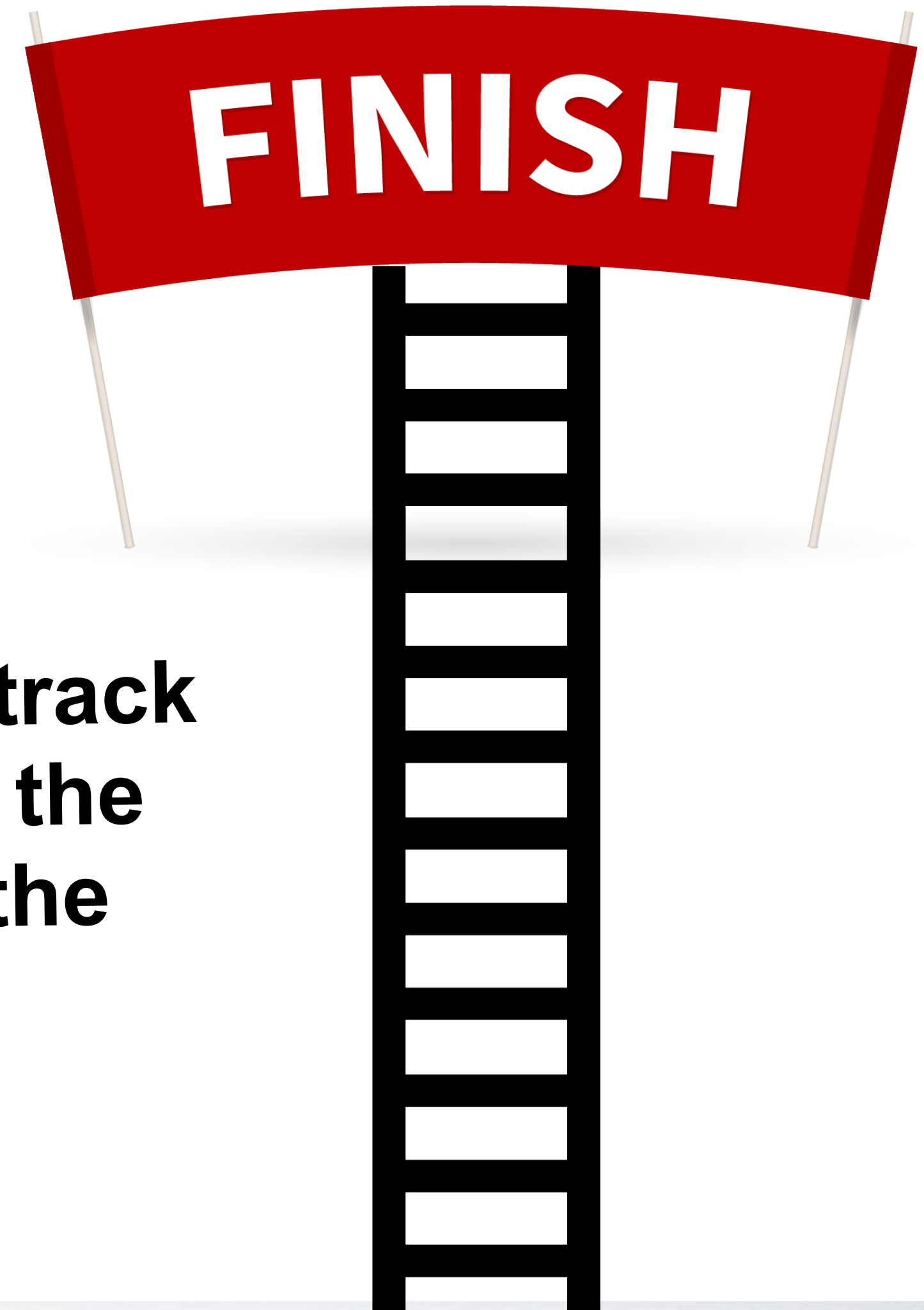
The Reality Ride (The Helpful Track) Part 1

THE HELPFUL TRACK



ACTIVITY:

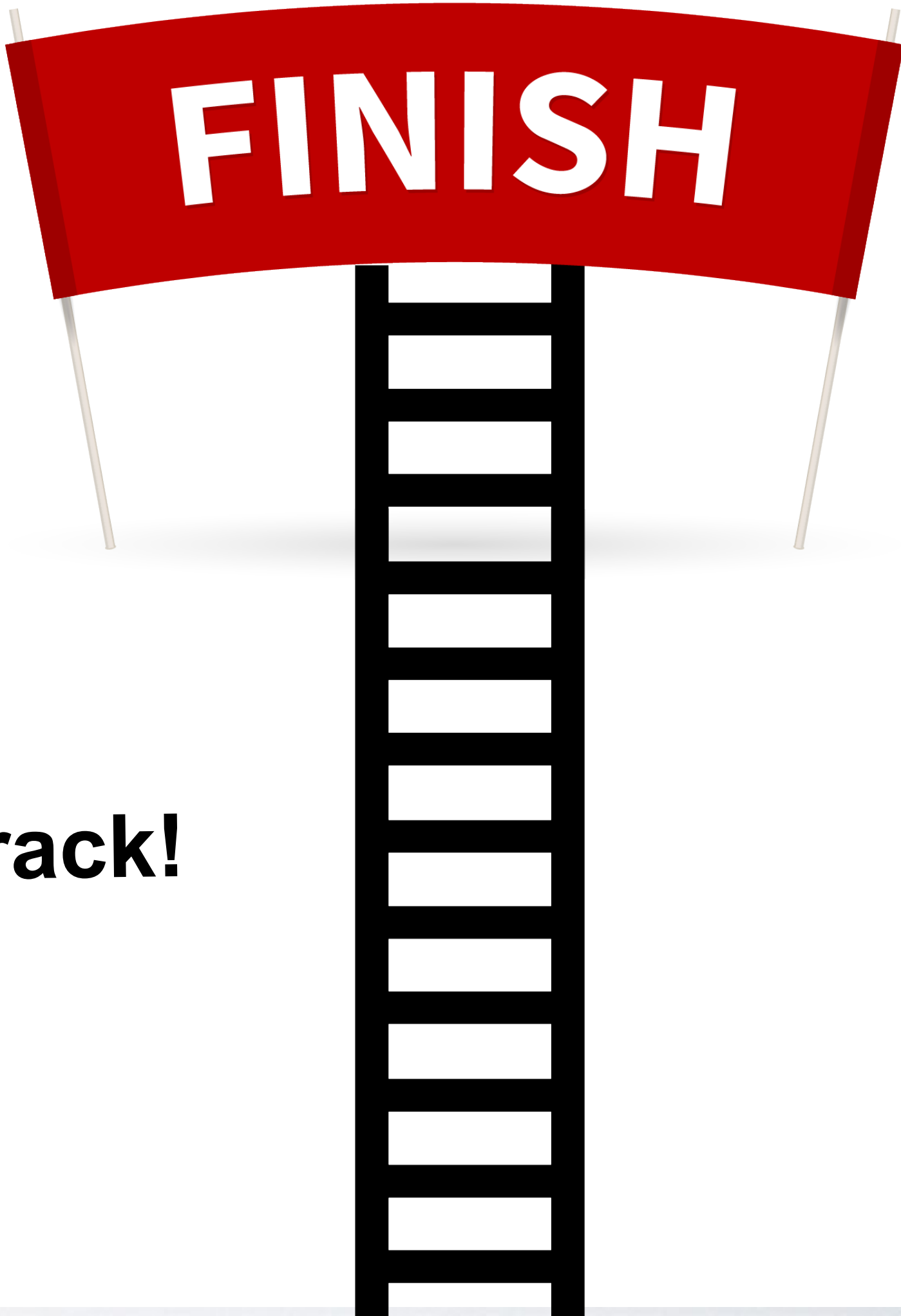
“Follow The Track”



Make a decision and pick a track to go on, then go stand by the green sign at the start of the track!

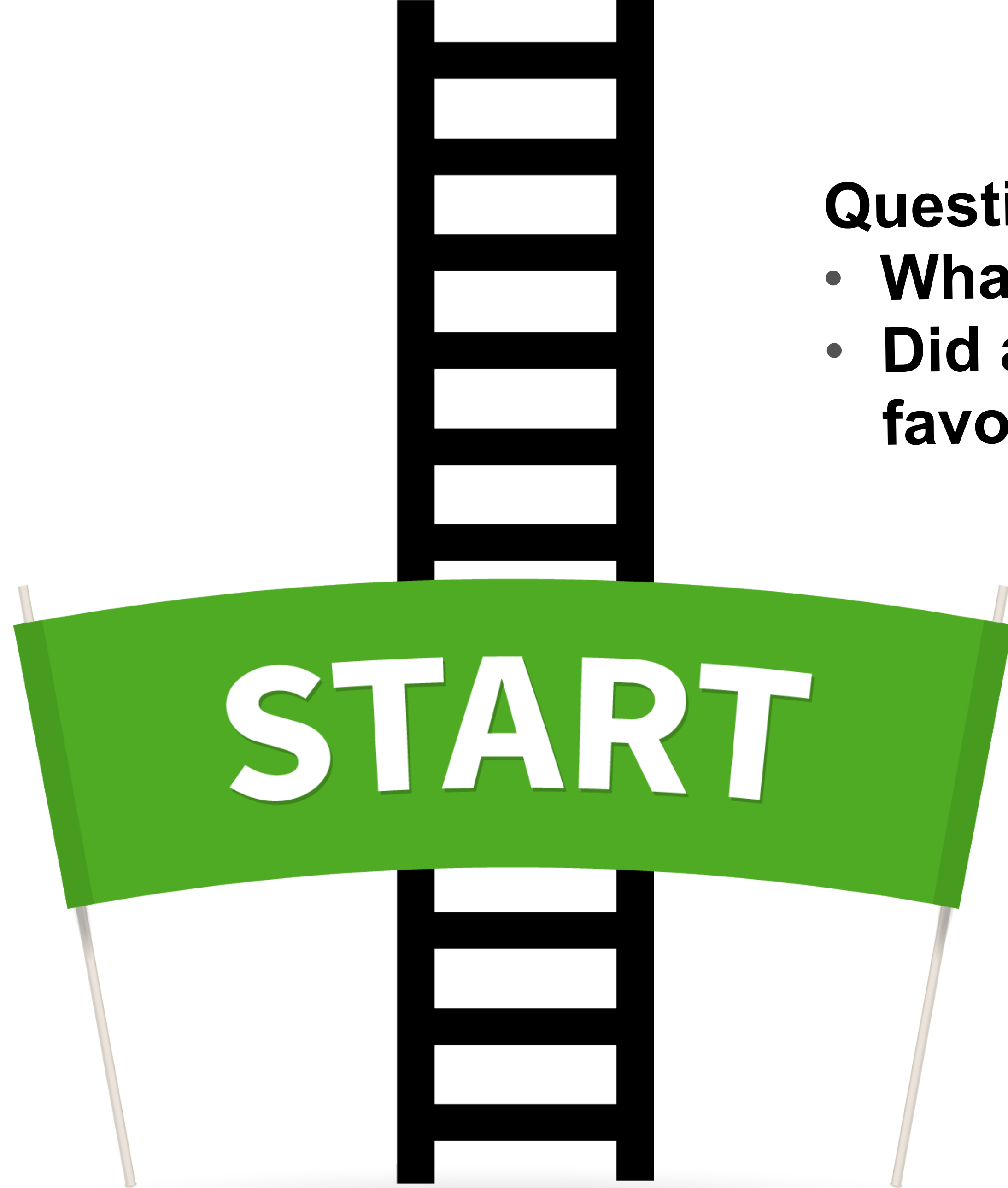
ACTIVITY:

“Follow The Track”



When I say “go” start your track!

GO!



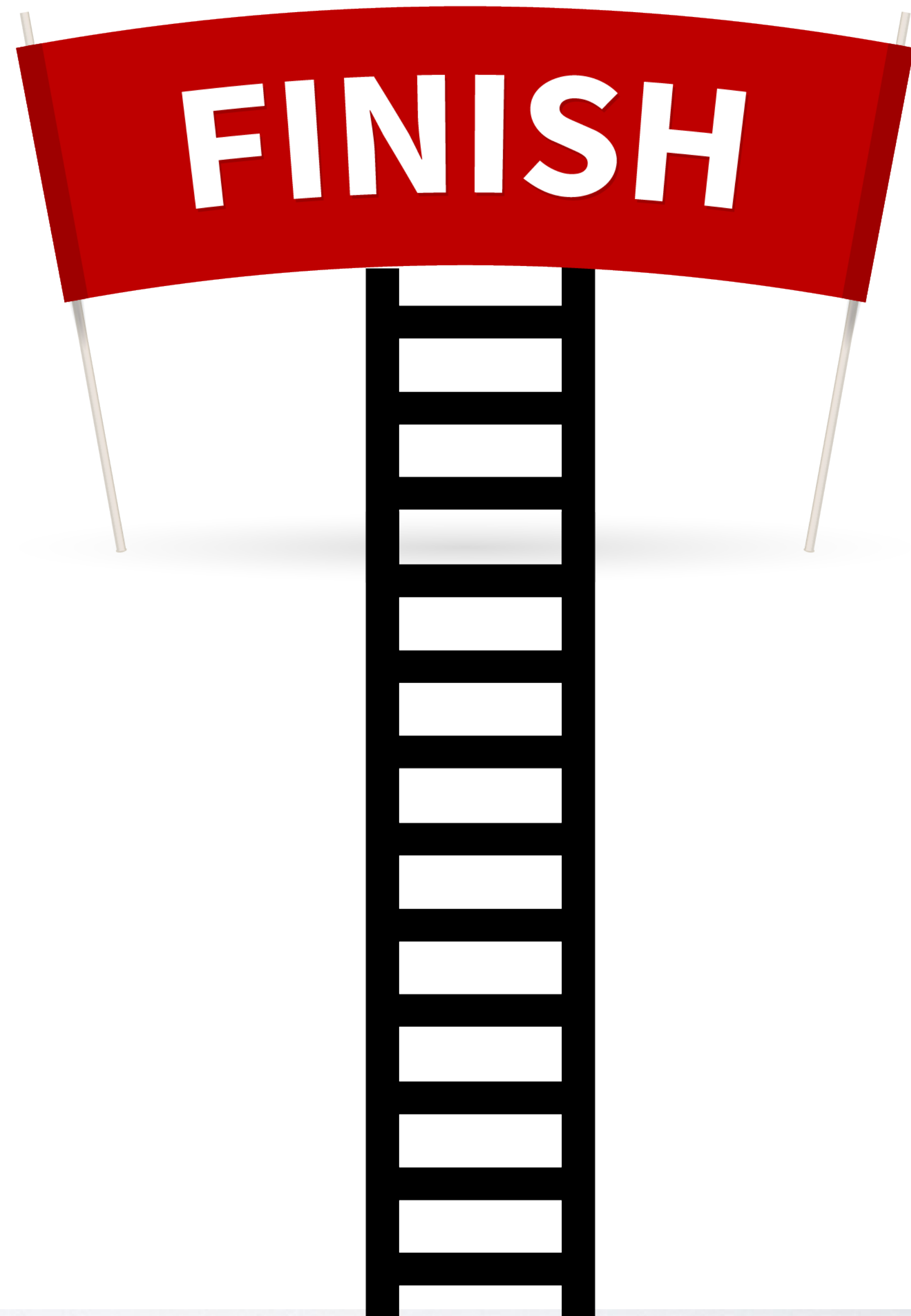
Questions:

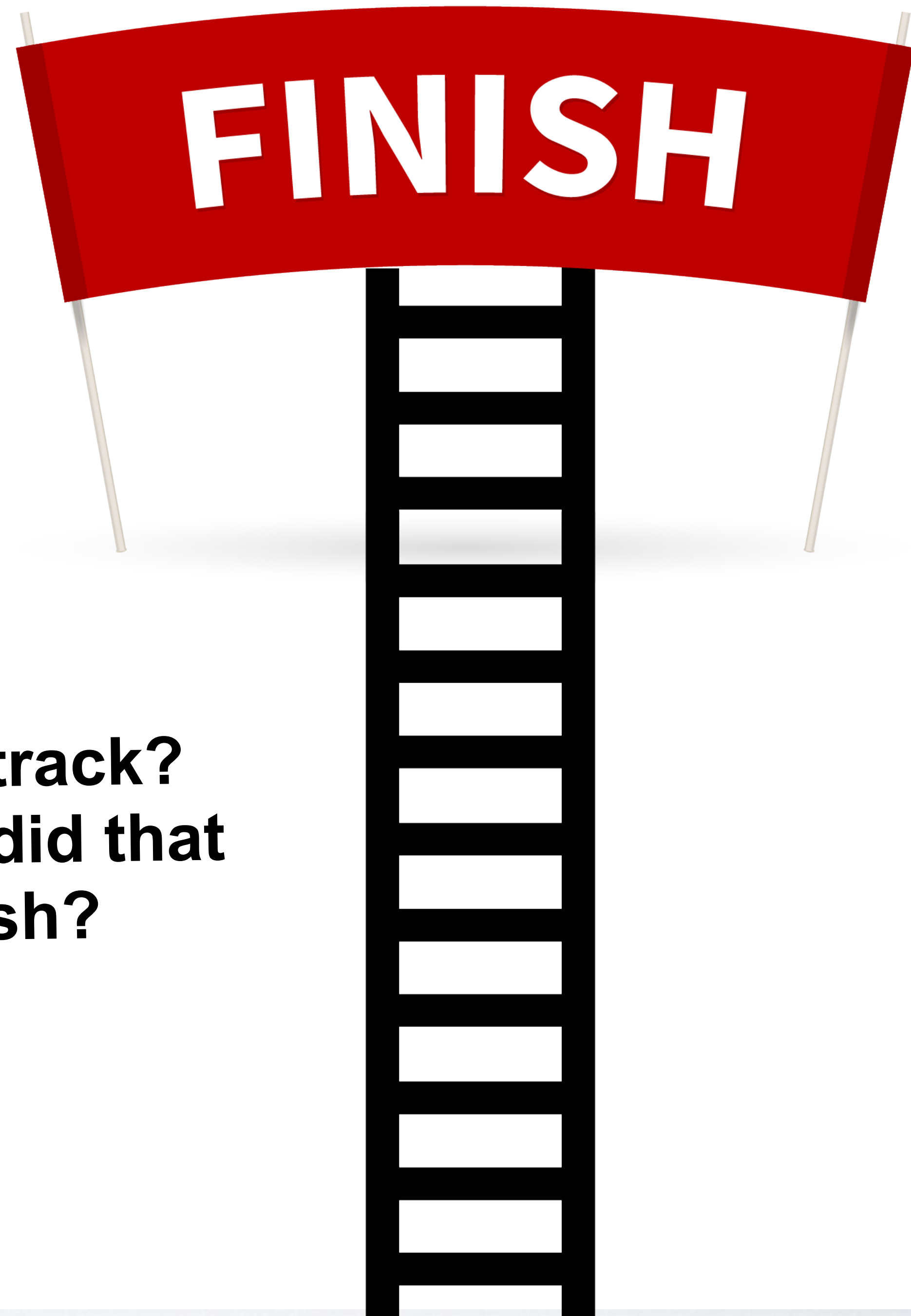
- **What did you think of that?**
- **Did any of you have a favorite track or a favorite part?**

**“getting on a track can be like
making a choice that will take us
someplace”**



“Some choices we make can be more helpful and lead us to places we want to go”

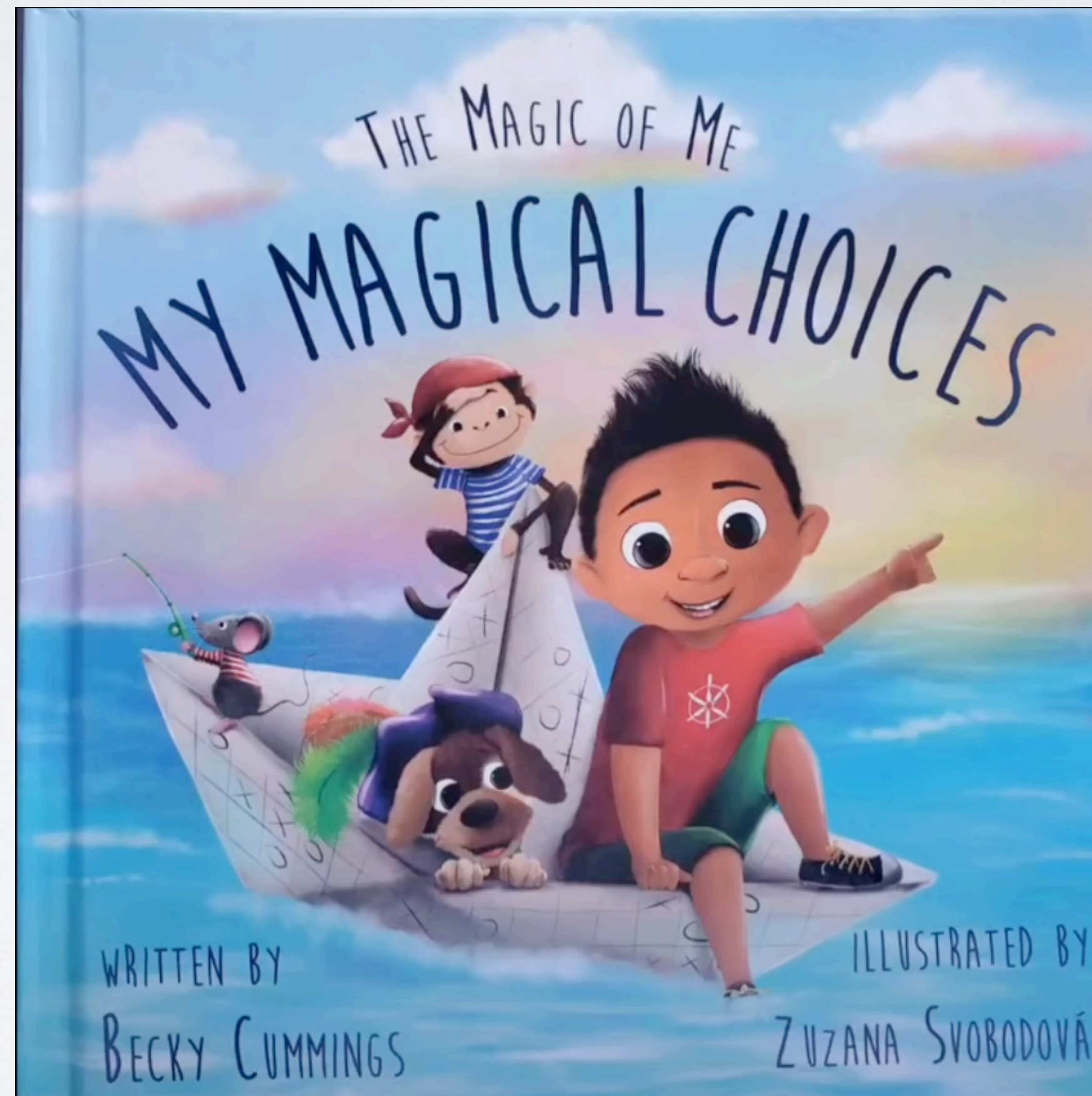




Questions:

- **What was hard about staying on track?**
- **What were some things that you did that were helpful to make it to the finish?**

Story Example: “My Magical Choices”

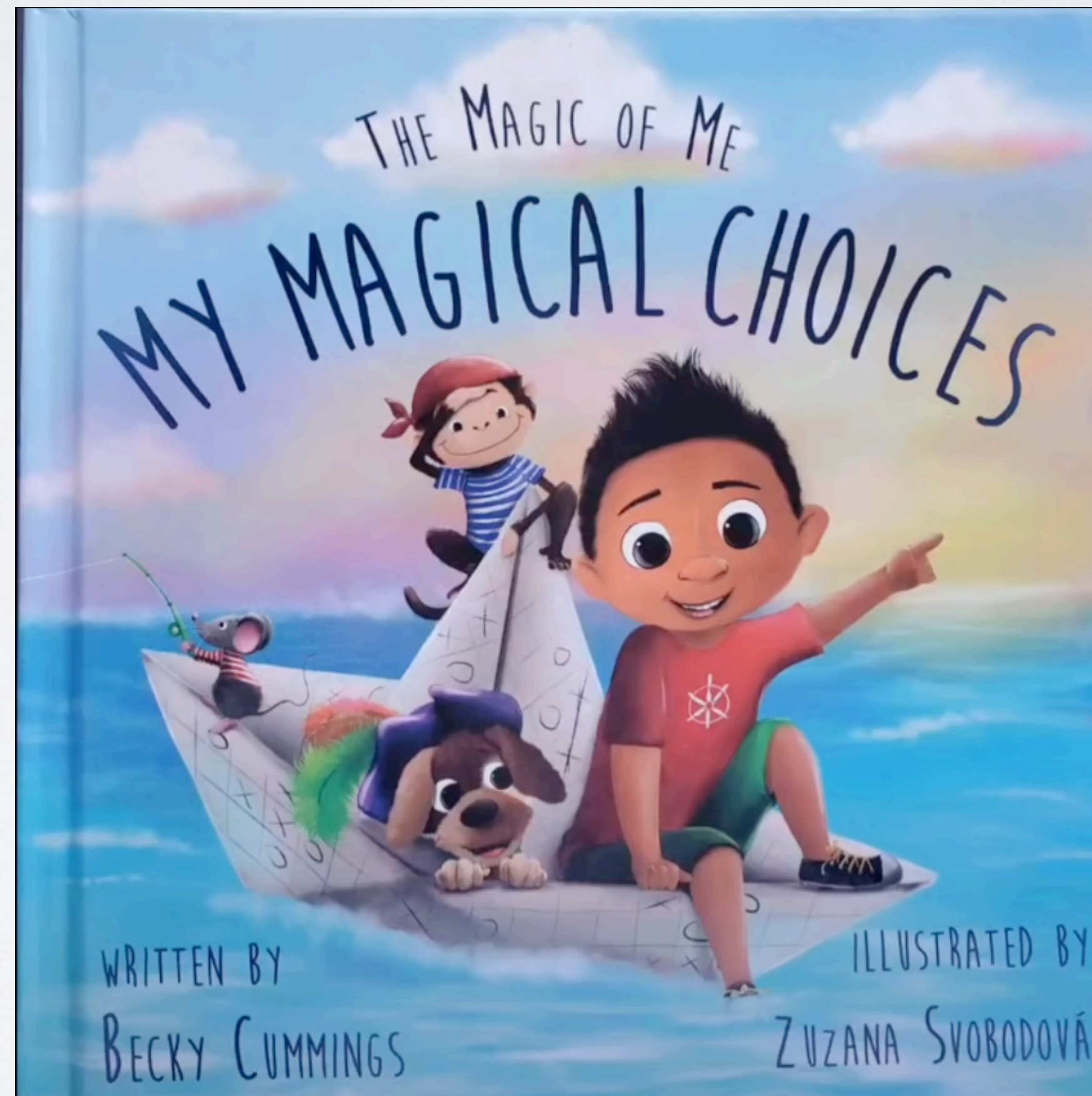


THE MAGIC OF ME

MY MAGICAL CHOICES



Story Example: “My Magical Choices”



Booster: Art Activity “My Own Helpful Track”

