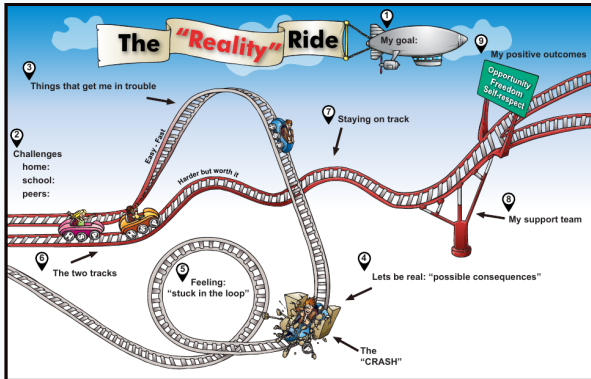


FLIP THE COIN

QUICK OBJECT LESSON | DECISION-MAKING & CONSEQUENCES

2-5 MINUTES

ONE-ON-ONE



PURPOSE

Use a coin flip to help the student notice the difference between chance and choice. Some things are outside our control. We can still pause, consider likely consequences, and choose which direction to move on the Reality Ride.

MATERIALS One coin

USE WITH Choices, consequences, or the two tracks

1 TRY IT

Offer the coin and invite the student to predict the result. Ask, "Heads or tails?" Have them flip it. Repeat once or twice if it feels useful. No scorekeeping is needed.

2 MAKE THE CONNECTION

Ask: "How much control did you have over how the coin landed?" Then connect it to their worksheet: "Is the choice you wrote down more like a coin flip, or is it something you have some say in?" Let the student answer before adding your perspective.

3 PROCESS IT

Choose two or three prompts that fit the student's responses. You do not need to ask them all.

1 What parts of this situation are outside your control? What parts are up to you?

2 What consequences can you reasonably see coming from this choice?

3 Which track might this choice move you toward: Easy-Fast or Harder-But-Worth-It?

4 What could you choose next time to give yourself a better chance at the outcome you want?

CONNECT IT BACK TO THEIR REALITY RIDE

"A coin flip is mostly chance. Your Reality Ride is different. You can't control everything that happens, and you can't guarantee every consequence. But you usually have some say in the choice you make next. Looking at the two tracks, which direction do you want your next choice to take you?"