



Hard Work & Determination Student Gameplan

Instructions

Use this gameplan with the Desire, Time, and Effort maze visual. Each question connects to part of the image. Look at the maze while you answer. **On the last page of this gameplan is a larger version of the maze for you to complete. Time yourself to see how fast you are able to complete the maze.** (Note - the letters that make up the words in the maze are part of the walls, look for gaps in the letters to complete your path through the maze.) You can choose to work on solving the maze as part of this activity, or just use the image for reflection. If you complete the maze, take a moment to reflect on how it felt. Your answers can help guide a conversation after you have completed this gameplan.



I Can Be Resilient By:

- Achieving my goals through dedication.
- Putting in the necessary desire, time, and effort.
- Avoiding shortcuts.

Name: _____

Date: _____

Introduction to the Desire, Time, and Effort Visual Metaphor

“This isn’t just a maze... it’s a mirror.”

What you’re about to see isn’t just a bunch of squiggly lines — it’s a snapshot of real life. To reach the end, you’ll have to push through Desire, Time, and Effort. There’s only one path, and it won’t be easy. You’ll hit dead ends. You might want to give up. But if you stay focused and keep trying, you’ll get close to the finish.

And just before you finish, imagine someone takes the maze from you. Frustrating, right? That feeling — the one that makes you want to fight to finish — that’s called the Accomplishment Zone. It’s what happens when hard work pays off. Let’s see if you can get there.

Desire, Time, and Effort Questions



Where Are You in the Maze?

Look at the maze. Where do you see yourself today – near the start, stuck in the middle, or close to the finish line?

Describe your location in the maze:



My Current Goal

What’s something you’re trying to achieve or work through in life right now?

Write it here:



Desire Check

Desire gives us the reason to keep going. What part of your goal makes you want to keep trying, even when it’s hard?

What fuels your desire?



Time Check

Think about the way the maze twists and turns. Are you giving your goal the time it needs, or are you rushing or putting it off?

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How are you spending your time?

What could you change to use your time better?



Effort Check

Look at the tight turns and dead ends in the maze. What effort are you putting in to get through your challenges?

One way I'm showing effort: _____

One way I could try harder: _____

Accomplishment Zone

The closer you get to the end, the more excited you feel. Look toward the finish line in the maze. What will it feel like to complete your goal?

Describe that feeling:

Optional Maze Reflection:

What were you thinking when you started?

My thoughts at the start: _____

What did you do when you hit a dead end?

How I handled obstacles: _____

How did it feel when you finished?

My reaction to finishing: _____

One Big Thing I Learned

After thinking through the maze and my answers, one thing I learned is:

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