The WhyTry Program

WhyTry is a flexible toolkit and curriculum for K-12 teachers and counselors. It provides simple, hands-on strategies and resources to help motivate the unmotivated student, support students with trauma, improve engagement, and increase academic success. The idea is straightforward: teach life skills and resilience to youth in a way they can understand and remember.

The WhyTry curriculum utilizes a series of ten visual analogies that teach essential life skills like:

- Improved decision making
- Dealing with peer pressure
- Impulse Control
- Obeying laws and rules
- Valuing hard work
- Plugging in to support systems
- Having a future vision

The visual analogies are reinforced through the creative use of music, hands-on activities, stories, and multimedia. WhyTry curriculum engages all major learning styles (visual, auditory, and body-kinesthetic).

The WhyTry toolkit and Curriculum

The WhyTry Program can be used as a flexible toolkit for teachers and counselors or as a classroom curriculum taught for a semester or school year. To schedule a demo of our complete toolkit and implementation model, go to: whytry.org/demo

Incorporating The WhyTry Approach

The WhyTry program is not just a series of tools and resources to teach life skills; it’s an approach to motivating even the most difficult to reach students. Our training focuses on helping educators build competencies that are key to student engagement and follow our proven model of teaching resilience to all students.