

Helping Students Build the Skills to Succeed at Work and in Life

WhyTry for California WorkAbility Programs

If you are part of a WorkAbility program, you are doing incredibly important work—helping students build the skills, confidence, and mindset they need to transition successfully from school into the working world.

And you understand something many people overlook:



[Success after graduation is not just about **technical skills.**]



It is about whether students can:

- Stay engaged when things get hard
- Handle frustration and setbacks
- Communicate effectively
- Accept feedback
- Advocate for themselves
- Persevere through challenges
- Believe they are capable of succeeding in the first place

For many students, the **biggest barrier is not ability—it is self-doubt.** Many struggle to picture a positive future for themselves.

[**When students lose hope, they often lose motivation.**]

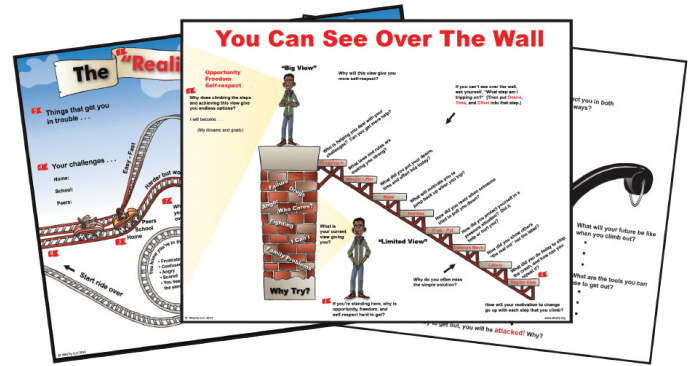
That is where **WhyTry** can help.



A Practical Toolkit for Real Student Challenges

WhyTry is a flexible, evidence-based toolkit designed to help students build resilience, responsibility, self-efficacy, and workplace-ready skills.

Rather than adding another complicated program to your schedule, WhyTry gives WorkAbility staff practical tools that fit naturally alongside the work they are already doing.



When students struggle with:

- Anxiety on a job site
- Giving up after failure
- Conflict with coworkers
- Trouble taking feedback
- Low motivation
- Emotional shutdown
- Poor attendance
- Negative self-talk

You have tools you can use right in the moment.

Simple visuals. Meaningful questions. Short activities. Real conversations.

WhyTry helps students step back, reflect, and reconnect their choices to the future they want for themselves.



[Because when students begin believing they have a future worth working for, resilience starts to grow.]



Helping Students Build Employability Skills That Last



WhyTry helps students build many of the same skills employers consistently identify as essential for workplace success:

- Reliability
- Communication
- Accountability
- Emotional regulation
- Problem-solving
- Adaptability
- Teamwork
- Persistence

The program uses engaging visual analogies, videos, stories, and activities that make abstract concepts easier for students to understand and apply.

Instead of simply telling students to “try harder,” WhyTry helps students understand:

- Why effort matters
- How choices affect opportunities
- How setbacks can become growth experiences
- What kind of future they want to create



[This approach is especially powerful for students with learning differences because it makes difficult concepts more concrete, relatable, and memorable.]



Flexible for WorkAbility Programs

WhyTry can be used:

- One-on-one with students
- In small groups
- During employability skills instruction
- In counseling or intervention meetings
- As part of transition planning
- During job coaching support

Many programs start with one student, one lesson, or one tool and expand from there.



No major implementation process. No complicated curriculum overhaul. Just practical tools that support the important work you are already doing.



Want to See How WhyTry Can Support Your Students?

WorkAbility programs across California are looking for effective ways to help students build confidence, resilience, motivation, and workplace readiness. **If your program has remaining funding available this year, WhyTry may be a valuable resource to explore.** Schedule a quick demo to see:

- Transition-focused lessons and activities
- Workforce readiness and employability tools
- Student intervention resources
- Practical ways to build motivation, hope, and self-efficacy
- How WhyTry can fit alongside your existing program

Scan here to explore the WhyTry Program in action.
or go to whytry.org/demo

